Department of Physical Education

**How to join to sports team or club**

YOU CAN JOIN A TEAM OR SPORTS CLUB VIA STUDENT ORGANIZATION SPORTS TRY OUT OR APPLY FOR A TEAM SPORTS TRY OUT ON CONDUCT SCHEDULE OF PARTICULAR EVENT OR SPORTS.

**How to get a schedule in gym court**

YES YOU CAN! THROUGH APPLICATION IN THE COLLEGE AND UPON AVAILABILITY OF SCHEDULE OF THE GYM OR COURT.

**Are there any intramural sports leagues available**

YES THERE IS. THERE IS A SPORTS FEST CONDUCTED BY STUDENT GOVERNMENT AUD THERE IS A YEARLY SPORT FEST CONDUCTED BY THE UNIVERSITY DURING FOUNDATION WEECK AND CALOOCAN WEEK.

**What resources are available for injury prevention and recovery**

THE COLLEGES HAS THE FOR EACH SAFETY AND SECURITY MEASURES THE GYM HAS THEIR OWN AS WELL AND UNIVERITY FOR URGENT TREATMENT FOR RECOVER.

**How to get an academic credit for participating in sports or physical activities**

STUDENTS CAN GET BENEFIT FROM PARTICIPATING TO SPORTS PERSONALLY BUT REGARDLESS TO ACADEMIC PERFORMANCE IN TERMS OF RECORDS. IT IS A TOTALLY DIFFERENT THING.

**Are there any scholarship available for athletes**

YES, THERE ARE PLENTY OF SPORTS RELATED AND OTHER SCHOLARSHI GRANTS AVAILABLE FOR APPLICATION AND VIA QUALIFICATION OF THE STUDENT ATHELE APPLICANT.

**What types of fitness classes are offered**

THERE IS PHATFIT 1 AND PHATFIT 2 AND PHATFIT 3 TO PHATFIT 4 WHICH ALL GIVES FITNESS BENEFIT.

**How to borrow or rent sports equipment materials**

PROVIDED THERE IS A PERMIT AND ADVISOR WHO WILL BE IN CHARGE WATCHING OVER THE ACTIVITIES AND USE OF MATERIALS.

**Are there any volunteer opportunities within the department**

YES, PROVIDED THERE IS WAVER AND UPON APPROVAL OF ANY CAUSE OF ACTIVITIES.

**Are there any internship opportunities available in the field**

YES, UPON REQUEST AND FORMAL APPLICATION AND DOCUMENTATION OF RECORDS.

**What career paths can I pursue with a degree in physical education**

THE STUDENTS WHO WOULD LIKE TO PURSUE A CAREER PATH IN PHYSICAL EDUCATION SHOULD TAKE SPORTS TRACK COURSES OR SPORTS MANAGEMENT COURSES UNDER COLLEGE OF EDUCATION AND TAKE THEIR LET OR TAKE BACHELOR OF SECONDARY EDUCATION MAJOR IN PE. THESE ARE POSSIBLE DEGREE THAT CAN LEAD A CAREER PATHS FOR PHYSICAL EDUCATION.

**How to get involved in a community outreach programs related to physical education**

THIS IS POSSIBLE WHEN THERE ARE ACTIVITIES ORGANIZED BY STUDENTS GOVERNMENT AND TIED U ACTIVITIES WITH PE DEPARTMENT UPON APPROVAL OF COLLEGE DEAN, ADVISERS AND TOURNAMENT OR ACTIVITY ORGANIZERS.

**What resources are available for students with disabilities to participate in physical activities**

THERE IS AN ADAPTED PHYSICAL COURSES WHERE THE STUENT CAN ALSO ASSIST AND FACILITATE TO SOME ACTIVITIES.

**How to register for PE courses**

REGISTER VIA ENROLLMENT IN PARTICULARR COLLEGE LIKE COLLEGE OF EDUCATION OR UNDER PE CLASSES OR SUBJECT.

**How to transfer credits from physical education courses taken at other institutions**

YES IT IS POSSIBLE, IF YOU ARE ABLE TO TAKE UP THE BASIC COURSES OR TAKE 18 UNITS OF PHYSICAL EDUCATION MAJOR COURSES.

**What are the requirements to declare a major/minor in physical education**

MINOR SUBJECTS ARE THE PHYSICAL EDUCATION BASIC SUBJECTS OR 18 UNITS OR 24 UNITS UNDER SPORTS MANAGEMENT OR MAJOR IN PHYSIAL EDUCATION MAJOR BE CERTIFIED ON CERTAIN PARTICULAR FIELD IN PHYSICAL EDUCATION CAN BE QUALIFIED REQUIREMENT.

**Are there any special programs or workshops for improving specific sports skills**

YES, GET INVOLVE ENGAGE TO SOME SPORTS ORGANIZATION LIKE NCPEP, DEAP, NCCA OR THE LIKE WHO CONDUCTS TRAINING AND PROVIDES CERTIFICATES.

**How can I get involved in organizing or hosting sports events on campus**

BE REGISTERED IN STUDENT ORGANIZATION AND APPLY FOR SUCH TASK BASE ON QUALIFICATION AND APPROVAL.

**What are the safety protocols for participating in physical activities**

FIRST IS SAFETY AND SECURITY OF EVERY PARTICIPANTS INVOLVING INDIVIDUAL ONE SHOULD HAVE A MEDICAL CERTIFICATE.

**Can I request specific equipment or facilities for my training needs**

IF PERSONAL USE, ONE SHOULD HAVE THEIR OWN EQUIPMENT AND MATERIALS BUT FOR ACTIVITIES AND ORGANIZED EVENT PROVIDED THAT THERE IS AN APPROVAL OR THE ORGANIZING COLLEGES OR DEPARTMENT.

**Are there any study abroad opportunities related to physical education**

YES, THERE IS UPON REQUIREMENT COMPLETION AND COLLEGE APPROVAL.

**Are there any recreational leagues or tournaments for non-competitive athletes**

DEPENDS ON COLLEGES AND STUDENT GOVERNMENT ORGANIZATION AND QUALIFICATION ON SPORTS FEST ACTIVITIES.

**How to get assistance with creating personalized fitness or training plan**

YES, IF THERE ARE FITNESS CLASSES AVAILABLE OR CONSULT FACULTY WHO IS AVAILABLE UPON APPROVAL BY THE HEAD OF PARTICULAR DEPARTMENT.

**Are there any prerequisites for advanced-level courses**

YES, DEPENDS ON COURSE OR MAJOR SUBJECTS OF THE STUDENTS.

**What types of certification or qualifications do the instructor and coaches have**

PROFESSIONAL EDUCATION BASE ON MAJORSHIP LICENSURE EXAMINATIONS PASTED AND COACHING CERTIFICATION AND LICENSEURE FOR COACHES ON SPECIFIC COURSE.

**How to apply for sports scholarship**

APPLY AT PE DEPARTMENT OFFICE FOR SPECIFIC SPORTS BUT APPLICANT MUST BE QUALIFIED FOR THE PARTICULAR SPORTS.

**Are there any networking events or career fairs specifically for physical education students**

YES, BUT MOST OF THESE EVENTS HAPPENS AT COLLEGE OF EDUCATION MAJOR IN SPORTS MANAGEMENT / BPED OR PE MAJOR EVENTS

**Can I receive credit for participating in off-campus sports competitions**

YES, IF THE EVEN IS APPROVED BY DIFFERENT COLLEGES OR DEANS.

**How to get involved in coaching or mentoring your younger athletes**

PE CLASSES SPORT FEST ACITIVITIES OF THE JUNIOR OR SENIOR HIGHSCHOOL CLASSES OR EVENT ACTIVITIES.

**What resources are available for mental health and well-being support for student athletes**

PERHAPS IT IS THE YEARLY MEDICAL CHECK-UPS AND VITAMINS PROVIDED FOR THEM DURING GAME EVENTS.